



## 4-Stroke Header Installation Instructions

Thank you choosing FMF as your performance aftermarket exhaust. We have spent countless hours of R&D and testing to ensure you receive the highest quality product on the market today.

All FMF products are developed using the most current technology available for design and manufacturing. Every exhaust is made 100% at the Flying Machine Factory in Southern California. We use only the highest quality American materials for function and durability.

Since 1973, FMF has been bringing you the very best in bolt on performance. Our products are specifically engineered to broaden your existing powerband and give you an all around power increase with substantial weight savings. Bolt on FMF and **FEEL THE POWER!**

Check out our website at [www.fmfracing.com](http://www.fmfracing.com) for more information.

Please read all instructions thoroughly before installation. Failure to follow all installation instructions will void any warranty implied or otherwise. FMF Racing is not responsible for problems due to improper installation and/or improper use.

Before you begin installing this product, we recommend wearing safety glasses and mechanics gloves. You must know how to remove and replace your stock exhaust in order to install this FMF product otherwise have it installed by a professional mechanic. Keep all stock parts from your existing system as some components may be necessary to install your new FMF exhaust depending on the application.

Parts Supplied		Tools Required
(1) FMF Header	041480	10, 12mm wrenches 5mm allen wrench contact cleaner high temp silicone

### Removal and Pre-Installation

1. Make sure engine is completely cool prior to installation and the vehicle is in a stable position.
2. Remove the muffler (see instructions for removing muffler or refer to your service manual).
3. Remove the nuts attaching the stock header to the exhaust port; keep for later use.
4. Note how the two (2) piece exhaust flange plates overlap each other when installed (fig. 1). They will be used in the same orientation when installed with the FMF header. Remove the flange plates.
5. Gently remove the header.
6. Keep the existing exhaust port gasket as it will be reused if in good condition (minimal cracks, no tears) otherwise replace with a new gasket. Using contact cleaner, clean the exhaust port where the header connects. Allow to dry then lightly coat with a bead of high temp silicone for an improved seal.



fig. 1

#### **Installation**

7. Align the FMF header into position and install using the stock flange plates and nuts removed in steps #3 and #4. Be sure flange plates are overlapped correctly (fig. 1). Do not fully tighten at this time.
8. Using contact cleaner, clean the slip-fit section of the header where the muffler midpipe connects. Allow to dry then lightly coat with a bead of high temp silicone for an improved seal.
9. Install the muffler at this time, using the instructions provided, but do not fully tighten mounting hardware.
10. Make sure the header and muffler are in neutral positions and not binding. Slowly tighten all mounting fasteners and clamps to manufacturer's specifications, starting from the header and working back to the muffler.
11. Inspect the complete exhaust to make sure there is no contact with the frame, shock spring, engine, body panels, or any cables, hoses, or wiring. The exhaust system should only be in contact with the exhaust port and mounting points. Confirm all controls operate in accordance with the manufacturer's specifications.
12. We recommend using high temp silicone for an improved seal. Please follow instructions for the silicone and allow sufficient time to dry before starting the engine.
13. Start the engine and bring it up to operating temperature. Check for exhaust leaks.
14. Let engine cool completely and re-torque all mounting hardware to manufacturer's specifications.

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